

## AFTERSCHOOL COMPONENTS

Students in KRR Afterschool programs attend three sessions: Healthy Kids; Structured Read-Aloud and Vocabulary; and either Individual Skill Reinforcement *or* Individual Independent Reading

### Healthy Kids

Healthy Kids consists of structured, moderate-to-vigorous physical activity that engages children in fun games that keep them active. We often see many smiling faces after the kids leave the gym or the outdoor playground. One day each week, children may also participate in nutrition lessons and activities teaching the importance of making healthy food choices. In correlation with the Healthy Kids rotation, students also receive a healthy, USDA-approved snack.

### Structured Read-Aloud and Vocabulary (SRA-V)

This session is devoted to the children listening to an adult read aloud to them, and participating in literacy activities to support comprehension and vocabulary. Throughout the read-aloud, children are introduced to vocabulary and engaged in a thoughtful discussion about the book in order to gain comprehension skills. Not only do children learn to understand and appreciate the world around them, they also give their brains a workout. Enrichment and vocabulary games help children learn while having fun.



### Individual Skills Reinforcement (ISR)\*

This session directly aligns with reading interventions during the school day for each child who is learning phonological awareness or phonics skills. KRR schools use either Benchmark's Start Up, Build Up, and Spiral Up curriculum kits or the 95% Group curriculum to focus on specific skills. Interactive lessons and small groups help to make this session "hands-on" and engaging for kids. Students are able to focus on one skill at a time in order to help them become better readers.

\*Students attend either ISR or IIR based on assessment data.

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## Individual Independent Reading (IIR)\*

Students identified as needing fluency interventions will be working with the *One Minute Reader* curriculum. *One Minute Reader* provides students the opportunity to practice fluency or comprehension techniques. Students reading for comprehension and vocabulary in this session may use the *One Minute Reader* application, or select and independently read an interesting book from within his or her reading range. After reading, the child participates in a “book talk” with the tutor to ensure the student comprehends what he or she has read. Our hope is that students learn to love reading books in a comfortable setting.

\*Students attend either ISR or IIR based on assessment data.

