



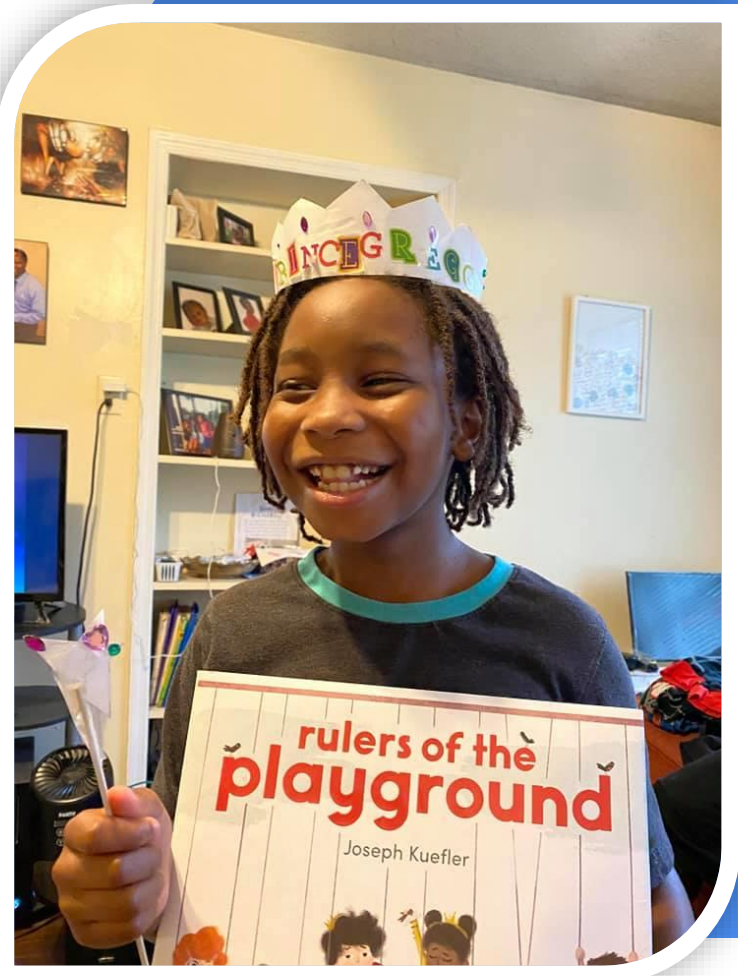
YEAR IN THE LIFE

RESEARCH-BASED COMMUNICATION TECHNIQUES

A Year in the LIFE is in line with the Department of Education's Partnership in Education report of dual capacity building a framework for Family-School Partnerships. A Year in the LIFE is a combination of focus on family cohesion, social-emotion awareness, literacy, and social networking. In order to be in line with best practices, programs must be linked to learning and be relational, developmental, collaborative, and interactive. All components of the program are in alignment with the core competencies established by a team of family and human development experts and are a compilation of evidence-supported data and human need factors.

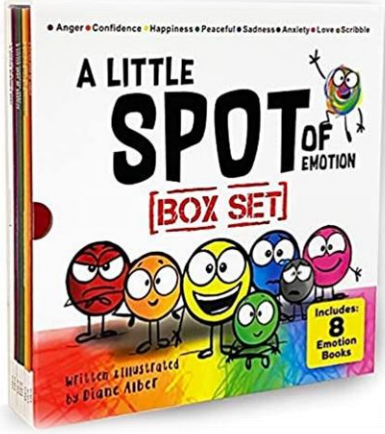
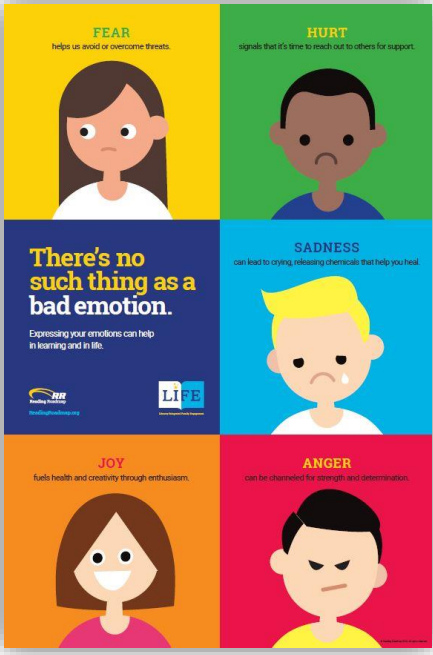
WHAT IS A YEAR IN THE LIFE?

Reading Roadmap's Year in the LIFE program, is a key component of our overall strategy for improving social emotional awareness and literacy for children grades Pre/K-4. Included as part of our LIFE (Literacy Integrated Family Engagement) Curriculum, Year in the LIFE is designed to provide families on-going reminders of critical aspects and key components of family cohesion through engaging lessons focusing on social-emotional awareness. Structured activities also include general household activities such as budgeting, meal planning, and attuned listening that will deepen children's relationships with their parents/guardians, enhance their communication abilities, and reinforce important life skills.





- 8 Month Program
- 8 In-Person/21 Home-Based Activities
- Activities Focus On: Family Cohesion, Social Emotional Awareness, Literacy, and Social Networking



Year in the LIFE

- 4 LIFE Guide Books**
 Guide book provides step-by-step instructions on how to run a successful LIFE program
 Includes scheduling tips, detailed scripts for coordinators, the science behind each LIFE activity, and helpful planning tips for each activity
- 25 LIFE Summary Handouts**
 Provide an outline of each LIFE session along with suggested timing for each activity to meet fidelity guidelines
- 2 Parent Workbooks (English & Spanish Version)**
 Eight-week layout of the course with explicit guidelines, scripts, and weekly worksheets to track activities at home
 Tool helps engage parents through the eight week course and reinforces the parent's understanding of each activity
- 25 Parent Read-Aloud Guidelines**
 Handout provides helpful hints to assist families through an effective Family Read Aloud
- 25 Affirmation Sheets**
 Tool for the LIFE team to use to record positive affirmations for each family throughout the eight-week program
- 25 Body Mapping Worksheets**
 Worksheets for families to talk about emotions during Attuned Listening sessions
- 25 LIFE App Instructions**
 Free application with purchase of the curriculum
 Provides step-by-step instructions to download the app and have access to the LIFE Dashboard
- 3 Emotion Posters (English & Spanish Versions)**
 Colorful full size posters used when teaching about the emotions
- 1 Fidelity Tracker**
 Tool used by LIFE team as a rubric to score each nightly session
 Allows teams to meet fidelity and provide quality program for their families
- Supplies for 21 Weeks of Home-Based Activities**
 Books, craft supplies, and ideas for all at-home activities