



SOCIAL EMOTIONAL LEARNING FUN

RESEARCH-BASED COMMUNICATION TECHNIQUES

LIFE is in line with the Department of Education's Partnership in Education report of dual capacity building a framework for Family-School Partnerships. SELF is a key component of this. In order to be in line with best practices, programs must be linked to learning and be relational, developmental, collaborative, and interactive. Using the kind of Two-Generation Approach promoted by the Aspen Institute LIFE draws on cutting edge research for both literacy and emotional intelligence to create a robust learning experience for both children and families.

WHAT IS SELF?

Reading Roadmap's Social Emotional Learning Fun program, or SELF, is a key component of our overall strategy for improving literacy for children grades Pre/K-4. Included as part of our LIFE (Literacy Integrated Family Engagement) Curriculum, SELF is designed to assist children and their families identify with their feelings and to create supportive connections that will deepen children's relationships with their parents/guardians and enhance their communication abilities. Children that can identify and communicate their feelings are more likely to reach out for support when needed.





- 1 Week Program
- 30 – min sessions
- Activities include: Body Mapping, Attuned Listening, Team Building, and Gratitudes.

SELF Curriculum

Social-Emotional Learning Fun!



SELF Curriculum Guide

The guide book provides step-by-step instructions on how to run a successful SELF program. The guide book also includes tips, detailed scripts for tutors, the science behind each activity, and helpful planning tips for each activity.

Affirmation Sheets

This worksheet is a tool for students to use to record positive affirmations for peers throughout the program.

Body Mapping Worksheets

Students will use these worksheets to talk about emotions during Attuned Listening sessions. Each worksheet provides clear directions for the activity along with a visual aid to help identify where each emotion is felt throughout the body.

Emotion Posters (English and Spanish versions)

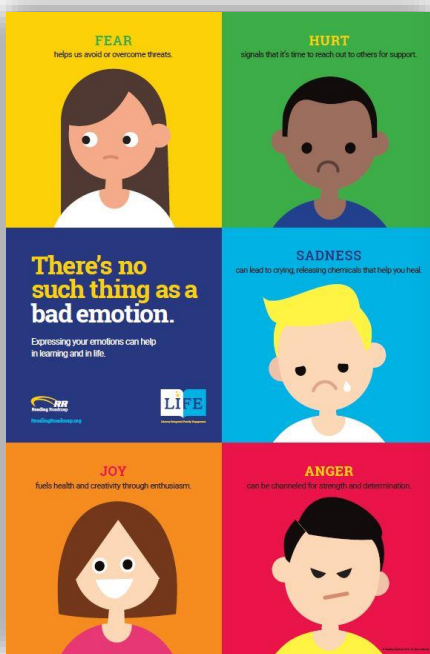
Colorful full-size posters provide a visual aid and are used when teaching about the emotions.

Attuned Listening Guide

Students will help children attune to each other on a deeper level and help everyone improve listening skills. These skills form the basis of many other skills critical to life such as building relationships, solving problems, ensuring understanding, resolving conflicts, and improving accuracy.

Teambuilding Activities

Team building games and activities are a great tool for helping students learn to work together, listen carefully, communicate clearly, and think creatively. They also give your students the opportunity to get to know one another, build trust as a community, and have a great time!



Website:
www.readingroadmap.org



Contact:
203-570-7560



Email:
info@readingroadmap.org